### Sample

# Barls for Foodies

Your Ultimate Guide to Eating in Paris



### Paris for Foodies: The Ultimate Guide to Eating in Paris Frédéric BIBARD (TalkinFrench.com)

### **Contents**

<u>Introduction</u>	4
French Restaurant Etiquette:	9
10 Best Restaurants for 1st Arrondissement:	12
10 Best Restaurants for 2nd Arrondissement:	15
10 Best Restaurants for 3rd Arrondissement:	18
10 Best Restaurants for 4th Arrondissement:	21
10 Best Restaurants for 5th Arrondissement:	24
10 Best Restaurants for 6th Arrondissement:	27
10 Best Restaurants for 7th Arrondissement:	30
10 Best Restaurants for 8th Arrondissement:	33
10 Best Restaurants for 9th Arrondissement:	36
10 Best Restaurants for 10th Arrondissement:	39
10 Best Restaurants for 11th Arrondissement:	42
10 Best Restaurants for 12th Arrondissement:	45
10 Best Restaurants for 13th Arrondissement:	48
10 Best Restaurants for 14th Arrondissement:	51
10 Best Restaurants for 15th Arrondissement:	55
10 Best Restaurants for 16th Arrondissement:	58
10 Best Restaurants for 17th Arrondissement:	62
10 Best Restaurants for 18th Arrondissement:	66
10 Best Restaurants for 19th Arrondissement:	69
10 Best Restaurants for 20th Arrondissement:	72
5 Paris Street Foods You Can Try:	76
Must-try Meals/Dishes In Paris:	78
Must-try Pastries In Paris:	82
10 Best Gluten-Free Restaurants In Paris:	85
10 Best Vegetarian Restaurants In Paris:	88
10 Restaurants for Kids/Family In Paris:	91
10 Best Restaurants For Less Than 15 Euros In Paris:	94
Conclusion	97

### 10 Best Restaurants for 1st Arrondissement:

The 1st Arrondissement is located in the very heart of Paris. It is walking distance from most tourist sites and landmarks, such as the Louvre, the Tuileries, and the Palais-Royal. In the 1st, you can find some of the finest and most luxurious restaurants in Paris, but we included some awesome affordable restaurants in our list as well.

### 1. L'Absinthe

While still being a casual and comfortable bistro, L'Absinthe has been taken up a few notches since it is now owned by Caroline Rostang, the daughter of the French culinary chef Michel Rostang. It is described as being similar to the New York City vibe: trendy, charming, and chic, yet traditional at the same time.

Hours: Monday - Thursday for lunch (12:00 pm - 2:15 pm) and dinner (7:00 pm - 10:15 pm).

Closes at 10:45 pm on Friday and Saturday.

Price Range: €11 - €45

Closest Subway Station: Opéra

Address: 24 Place du Marché Saint-Honoré, 75001 Paris

### 2. Yam'Tcha

A fusion of French and Asian cuisine, Yam'Tcha is a Michelin Star restaurant, so expect to spend some bucks. Owned by Adeline Grattard, who spent many years in Asia, the intimate dining room is decorated with tasteful Asian accents, has a calm atmosphere, and employs highly experienced chefs, making it a perfect place to eat. But do book in advance!

Hours: Wednesday - Sunday, 11:30 am - 7:30 pm. Closed Monday and Tuesday.

**Price Range**: €35 - €99

Closest Subway Station: Louvre-Rivoli or Les Halles

Address: 121 Rue Saint Honoré, 75001 Paris

### 3. Le Meurice

Considered one of the best restaurants in Paris, Le Meurice is a Michelin 3-starred restaurant. It is a destination for gastronomes from all over the world as they tour the richness of French flavors while enjoying royal and romantic settings. Surprisingly, it is also family-friendly, loaning children custom-made boats to sail in the pond in the nearby Tuileries.

**Hours:** Monday - Friday for lunch (12:30 pm - 2:30 pm) and dinner (7:30 pm - 10:00 pm). Open for breakfast from 7:00 am to 10:30 am during the weekdays and from 7:00 am to 11:30 am on weekends.

**Price Range:** €35 - €130

Closest Subway Station: Tuileries: line 1 Address: 228 Rue de Rivoli, 75001 Paris

### 4. Le First

Have lunch with a stunning view of Tuileries Jardins at Le First restaurant Boudoir! Try to book a table by the window or the outdoor terrace. The interiors are also elegantly chic. Pair that with Michelin-level dishes and you have an amazing gastronomic experience.

Hours: Sunday - Saturday, 12:00 pm - 3:00 pm and 7:00 pm - 11:00 pm

Price Range: €21 - €52

Closest Subway Station: Tuileries Address: 234 rue de Rivoli 75001 Paris

### 5. Chez Denise

This is the place to be if you like to have a good time with good company! By midnight, the place is brimming with a hungry and happy vibe. You can try traditional savory dishes and wash them down with the house Brouilly wine for a reasonable price. It is the perfect place to share dishes, too, as the portions are very generous.

Hours: Monday - Friday for lunch (12:00 pm to 3:00 pm) and for dinner (7:30 pm to 5:00 am). Closed

Saturday and Sunday. Price Range: €21 - €40

Closest Subway Station: Les Halles (4, RER A, B) Address: 5 Rue des Prouvaires. 75001 Paris

### 6. L'Ardoise

One of the city's finest modern bistros, L'Ardoise a tiny storefront decorated with enlargements of old sepia postcards depicting Paris. The seating is tight and it is always crowded, so be sure to book in advance. This chef-owned establishment offers some superb cuisine at a reasonable price.

Hours: Tuesday - Saturday for lunch (12:00 pm - 2:30 pm) and for dinner (7:00 pm to 11:00 pm),

and Sunday for dinner only (from 7:00 pm to 11:00 pm). Closed Monday.

Price Range: €21 - €40

**Closest Subway Station:** Tuileries

Address: 28 Rue du Mont Thabor, 75001 Paris

### 7. Pirouette

Unlike many restaurants that only serve specific dishes daily, Pirouette strongly promotes clients' freedom of choice. Restaurant goers have the option of selecting one of five starters, one of five main courses, and one of five desserts that change every month. Stylish, relaxed, and with incredibly affordable prices, you will not be disappointed eating here.

Hours: Monday - Saturday for lunch (12:30 pm - 2:30 pm) and dinner (7:30 pm - 10:30 pm).

Closed Sunday.

Price Range: €21 - €49

Closest Subway Station: Les Halles (1, 4, 7, 11); Etienne Marcel (4)

Address: 5 Rue Mondétour, 75001 Paris

### 8. Spring

## Paris Aris for Selfies

### The Best Spots for Photoshoots in Paris



### 34. Canal St-Martin



The serene Canal St-Martin stretches 4.5 kilometers from the Seine to Parc de la Villete in the 10<sup>th</sup> Arrondissement. It is probably one of the most quintessentially Parisian spots in the city where leisurely Parisians come on warm days to picnic, read books, and dip their feet in the cool water. Come on a sunny Sunday afternoon to take pictures of Parisians enjoying a leisurely afternoon in a beautiful area.

**Address:** Quai de Valmy, 75010 Paris, France **Closest Subway Station:** Jacques Bonsergent

http://commons.wikimedia.org/wiki/File:P1040706 Paris X canal Saint-Martin rwk.jpg

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